

## Introduction:

**Text:** Mark 8:35; John 14:6

### A. Life's EXPECTANCY

1. The **average** life expectancy (Psalm 90:10, 12)
2. Why people **die** (Romans 5:12)
3. How to **overcome** death (John 3:16; 11:25)
4. How believers should **live** (2 Corinthians 5:6, 9-10)

### B. Life's EXCITEMENTS

1. Wholesome excitements are **normal** and needed, as God's blessings (Numbers 6:22-26).  
Examples:
  - a. Our personal **time** with God
  - b. Our corporate **worship** of God
  - c. Our missions and community **outreach**
2. Getting excited about what excites the **heart** of God—like:
  - a. Our personal **time** with God
  - b. Our corporate **worship** of God
  - c. Our missions and community **outreach**

### C. Life's EMERGENCIES

1. Emergency defined:
  - a. Sudden **need** for immediate action.
  - b. For **use** in time of sudden need
2. Apply:
  - a. Our capability to **cope** with life emergencies is a mark of a winning life, like Job in the OT.
  - b. Our capability to **withstand** the storms or difficulties of life that beat against us, is a mark of a winning life, illustrated by Jesus in His parable of the Wise and Foolish Builders.
  - c. Unexpected emergencies can come to us to **test** our winning life.

### D. Life's EXPEDIENCES

Expediency defined:

1. **Suitable** for bringing about a desired result.
  - a. Biblical example: 1 Corinthians 9:21-23
  - b. Paul's expedient self-adjustment to be a **soul-winner**, revealed his winning life.
2. Desirability or **fitness** under the circumstance
  - a. Biblical example: Philippians 4:12-13
  - b. Paul's expedient self-adjustment to be **content** in any and every situation, revealed his winning life.

### E. Life's EXIT

1. Life's **final** exit (Hebrews 9:27)
2. In a winning war, the Commanding General has an exit **strategy** (John 14:1-2, 6)
3. Our winning **exit** strategy (Philippians 1:21; 2 Timothy 1:12; 4:6-8)

## Conclusion:

### TABLETALK STARTERS

(For family devotions and Life Groups)

**Read:** Mark 8:35; John 14:6

1. Based on these verses, Jesus has the final say about our life. If you believe this, how will you respond to Jesus?
2. Which of the four points under Life's EXPECTANCY apply to non-believers, and apply to believers? Read the Bible references.
3. Life has many wholesome EXCITEMENTS, but what really excites you, deep in your heart?
4. Share one Life EMERGENCY and one Life EXPEDIENCY that God has enabled you to cope with victoriously?
5. Read the Scriptures about Life's EXIT as your reminder and encouragement before prayer time.