

Introduction:

Text: Isaiah 40:27-31 (NKJ); Isaiah 40:31 (NIV)

1. Historical Background
2. Semantics: The meaning of the Hebrew word “qawa”
 - a. “Wait”
 - b. “Hope”
3. Knowledge is power.
 - a. Understanding **who** God is.
 - b. Understanding God’s **promise**.

QUESTIONS:

1. How can we continue to move forward in our spiritual life and our mission in life?
2. How can we soar, run, and walk without getting tired and weary?
 - a. “Soar” (Ps. 24:3-6)
 - b. “Run” (Heb. 12:1-2)
 - c. “Walk” (Gen. 5:21-22; Amos 3:3; 1 John 1:5-7)
3. Application: Our Christian life is **dynamic**, not static.

REFLECTIONS:

1. Your view and **understanding** of God’s nature, God’s promises, and God’s purposes will determine your **moves** in life.

2. We must move **upward** toward God to get empowered to **move** forward .
3. Self-evaluation:
 - a. Am I moving forward spiritually, or am I **stuck** in the mud of worldly pursuits and worldly pleasures.
 - b. How can I stay **fresh** in my spiritual vitality to soar, to run, and to walk in the strength of the LORD?

TABLETALK STARTERS

(For family devotions and Life Groups)

Read: Isaiah 40:25-31

1. In verse 27, why are God’s people complaining and what is their complaint to the LORD?

Have you ever complained to God, about anything?

Is it healthy or unhealthy to express our complaints to God, like the Israelites in this verse? Discuss.
2. In verses 28-31, what wisdom and encouragement from God’s answer to Israel’s complaint can be applicable to your situation today? Share.
- 3 In verse 31, using the words “soar, run, and walk” as metaphors describing the Christian life as dynamic and progressive, which of these three verbs do you find most challenging, and why? Share.
4. Discuss the reflections at the conclusion of the sermon outline, and do the self-evaluation for yourself.

PRAY!