

**Introduction: “The Dilemma “**

**Key Bible Texts:** Romans 7:7-25; 8:1-5, 9-14; 6:12-13

**A. Understanding Terms**

1. S **in** \_\_\_\_\_: Not living according to God’s Law; Missing the Mark;

A condition/An active agent inherent in all humans;

A bad thing

Sin separates (Isa. 59:2); Sin condemns; Sin brings death; Sin restricts; Sin

produces fear;

Sin deceives.

2. L **aw** \_\_\_\_\_: Spiritual; Given by God; Principles to live by; Holy, Righteous and

Good; Intended to enhance and perpetuate life.

**B. Understanding Myself**

1. Sinful Nature – U **n**spiritual /S **l**ave \_\_\_\_\_ /P **r**isoner \_\_\_\_\_ /W **r**etched \_\_\_\_\_

2. Christ-like Nature – S **p**iritual \_\_\_\_\_ /S **e**rvant \_\_\_\_\_ /R **i**ghteous \_\_\_\_\_ (Rom. 7:6)

**C. Understanding The Remedy**

1. Christ and t**h**e \_\_\_\_\_ L **a**w \_\_\_\_\_ (Rom. 7:24 – 8:1-4)

2. Christ and the S **p**irit \_\_\_\_\_ (Rom. 8:9-14)

**D. Winning Strategies**

1. Setting Our M **i**nds \_\_\_\_\_ (Romans 8:5; Colossians 3:2)

2. Offering Our B **o**dies \_\_\_\_\_ (Romans 6:12-13)

3. M **o**ment \_\_\_\_\_ by M **o**ment \_\_\_\_\_ Choices (Romans 8:12-14)

1. What practical ways have worked for you to utilize any of the “winning strategies” above? What are some of the difficulties?

2. In what ways has God called you or may be calling you to “offer your body as an instrument of righteousness”? What are the challenges?

3. Looking back on your Christian development, how has your thinking changed over the past year? What would you say have been contributing factors to this development?

4. How has your prayer life changed over time? Longer? Shorter? The things you’ve prayed for?

5. In what ways has the Spirit affirmed, cautioned or instructed you regarding a particular issue that you have been battling?

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