Key Texts: Isaiah 40:1-2, 27-31; Matthew 11:28-30

Introduction: Tired or Weary?

Weariness comes from endlessly attempting to do something you are incapable of doing.

A. Some Specific Causes of Weariness

1. Living in direct opposition to God and His ways

2. Taking on more than we are capable of

3. Adjusting to u **nexpected** life circumstances

B. Isaiah 40:1-2, 27-31

1. Background: Judgment (Ch. 1-39) to Consolation (Ch. 40-66)

2. Comfort: "...sin has been p aid for ..." (vs. 2)

3. Despairing Complaint: God doesn't see, He doesn't care (vs. 27)

4. A **rousing** Response (vs. 28-31)

5. Those who "hope (trust, wait on) in the Lord"

C. Matthew 11:28-30

1. 700 years after Isaiah, God the Son (Jesus) contextualizes idea

2. The Call (vs. 28)

3. The C**laims** (vs. 28-30)

4. The Conditions (vs. 29)

5. His Character (vs. 29)

D. Summary & Response

1. Why do you think it is difficult for some to "wait on the Lord"? What practical advice would you offer?

TABLETALK STARTERS

2. How has being tired or weary affected your relationship with others or God?

3. Can you identify any symptoms that led up to you being tired or experiencing weariness? In hindsight, what would you do differently if those same symptoms occurred?

4. Why can it be a challenge to maintain one's priorities (God, Family, Career, Church, etc.) in today's society? How should one make adjustments if needed?

5. Was there anything in the two articles on weariness that you found helpful? Explain.

6. What do you believe God is saying to you regarding this topic of weariness or something in connection to it?