Introduction: The "Disciples"; The "Crowd"; The Context (Then and Now)

Key Bible Texts: Luke 12:22-34

A. The D<u>irective</u>:

　　1. "Do not worry" (What worry is)

　　2. Under Concern vs Over Concern

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Under concern            Proper Concern            Over Concern
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B. An U<u>nderstanding</u>

　　1. The B <u>irds</u> and the F<u>ields</u> (vv. 24-28)

　　2. Where worry comes from

　　3. What worry does... (Corrie Ten Boom & Arthur Somers Roche)

C. The R<u>emedy</u> (vv. 31-33)

　　1. Focus on the E<u>ternal</u> NOT the T<u>emporal</u>.

　　2. Fear N<u>ot</u>, Believe M<u>ore</u>

　　3. Repent – Take Action (G<u>ive</u> More vs. G<u>et</u> More)

D. The U<u>ltimate</u>

　　1. More than a Prescription … A P<u>erson</u> (John 14:6; John 10:10)

　　2. Meets us where we are …Presently

　　3. Demonstrates His Love and Authority…Continuously

Conclusion:

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TABLETALK STARTERS   (For family devotions and Life Group discussions)

*Idea: **Read the scripture reference prior to reading the Table Talk Question.***

1. Read Luke 12:22-34 What BIG IDEA is Jesus communicating to His followers?

2. If you consider yourself "a worrier", how has God in the past helped you?

3. Respond to the following quotes:

　　"Worry does not empty tomorrow of sorrow; it empties today of strength."
　　 - Corrie Ten Boom

　　"Worry is a thin stream of fear trickling through the mind. If encouraged, it cuts a channel into which all other thoughts are drained." - Arthur Somers Roche

4. Is there presently something you may be Overly Concerned about?

5. What is one thing you sensed, felt or "heard" the Lord emphasize to you? In what practical way could you respond?

PRAY