

Introduction: Q & A

1. What is your major resolution this year to boost your health—spiritually, mentally, emotionally, and physically?
2. What about you, Pastor Fred?
3. What wise sayings about habits can enlighten us?
4. What forms wrong and right habits?
5. What could hinder us from our Daily Bible Reading and Praying habit?
6. What are common symptoms of spiritual deficiency?
7. How can we encourage ourselves to read our Bible and pray more consistently?

LESSONS from prophet Isaiah's personal experience.

Text: Isaiah 6:1-13

This is...

A. ISAIAH'S AUTOBIOGRAPHY about his vision of God and his commission by God

1. Isaiah's **DEPRESSED CONDITION** (v. 1)
2. Isaiah's **DEEP CONSOLATION** (vv.1b-5)
3. Isaiah's **DOWNRIGHT CONFESSION** (vv. 5-7)
4. Isaiah's **DARING COMMISSION** (vv. 8-13)
5. Insights for Living from Isaiah's vision from God and commission by God

B. LESSONS ON PRAYER from Isaiah's experience

1. **Adoration:** Isaiah **adored** God who is Holy and Almighty.

Confession: Isaiah **confessed** to God his uncleanness and need of cleansing and forgiveness.

Thanksgiving: Isaiah **thanked** God for his vision of God and his commission by God to deliver a timely message to God's people.

Supplication: Isaiah **suppliated** or interceded for his people who were under God's judgment and needed restoration.

2. **APPLICATION:** Use ACTS as a guide to our praying for our needs and the needs of others.
3. George Mueller's excellent example of Bible Reading and Praying.
 - a. He **listened** to what God is saying in his Bible Reading.
 - b. He **prayed** to God according to what God said to him in his Bible Reading.
 - c. This is a sample of a personal **conversation** with God through listening to what He says to us in our Bible Reading, and talking with God about what He says to us in our Bible Reading.

Conclusion:

TABLETALK

(For family devotions and Life Group discussions)

1. Pleasure and repetition being the key to forming wrong and right habits, rate your pleasure in reading God's Word and praying to God? It is a delight, or just a duty? Are you enjoying it, or just enduring it?
2. What gives you pleasure in conversing with God though listening to Him and talking with Him in your Daily Devotional Bible Reading and Praying?
3. Respond to Isaiah's autobiography of :
 - a. Depressed Condition (Isaiah 67:1)
 - b. Deep Consolation (vv. 1b-5)
 - c. Downright Confession (vv. 5-7)
 - d. Daring Commission (vv. 8-13)
4. Share your Insights for Living from Isaiah's autobiography in Isaiah 6:1-13.
5. How will you practice ACTS—Adoration, Confession, Thanksgiving, and Supplication, in your private devotion?

Group Discussion and Prayer