

**Introduction:**

Text: Phil. 2:5 (NKJV)

**A. Diagnostic PROGNOSIS of the human mind**

1. The original mind was God-like or **divine** (Gen. 1:26-27).
2. But the mind degenerated from a divine to a **dead** condition because of sin.  
The mind's downfall:
  - a. The mind was **decieved** (Gen. 3:1-6).
  - b. The mind was **decay** (Gen. 6:5-6, 11-12).
  - c. The mind was **darken** (Rom. 1:18-22, 28-32).
  - d. The mind became **dead** (Eph. 2:1-3).
3. DIAGNOSIS: As a result of sin, the mind degenerated from being divine to being spiritually dead.

**B. Proven PANACEA for mental health**

1. Personal diagnostic questions:
  - a. Am I truly at **peace** with myself, with my conscience, and with God?
  - b. Am I truly content and joyful in my **present** condition?
  - c. Am I using pleasure to **escape** from the heavy burden of my hectic and over-busy life?
  - d. Does my desire to keep raising my physical comfort zone get **greater** attention than my desire to rise higher in my spiritual condition before God?
  - e. Am I attempting the impossible to enjoy real rest and peace of mind in my **sinful** or backslidden condition before God?

**C. Pertinent PROCESS for mental health**

1. **Change** your mind (Mark 1:15).
2. **Focus** your mind (Col. 3:2-4).
3. **Steady** your mind (Isaiah 26:3-4).
4. Be **Christlike** in your mind (Phil. 2:5-11 NKJV).

**Conclusion:**

1. Read: Genesis 1:26-27; 6:1-6; Ephesian 2:1-3.  
The devil's deception of Eve (Gen. 6:1-6) doomed the human mind from being Godlike or divine (Gen. 1:26-27) to being spiritually dead (Eph. 2:1-3).

2. What are the devil's deceptions today that deteriorate and deaden the mind?  
Review your personal experiences prior and after your conversion to Christ.

3. Review the five personal diagnostic questions under PANACEA for mental health in the sermon outline.
  - a. Which of these diagnostic questions reveal(s) possible deficiency in your mental life, to prepare you for the PROCESS for mental health in the sermon outline?
  - b. Go over the four-point process for mental health and determine what applies to you at this time.

SELF-EVALUATION and PRAYER