

Introduction:

A. Question: What are the main causes why people get discouraged?

1. Life's "What if" = **uncertainties**
2. Life's "What's up" = **changes**
3. Life's "What's happening" = **crises**
4. Life's "What will I do" = **challenges**

Text: Psalm 27:1-6

B. To find courage in facing life's uncertainties, changes, crises, and challenges we need to sing...

1. A Song of Focus = Learning to find **strength** in God (v.1)
2. A Song of Faith = Leaning on God to build **confidence** in facing life's difficulties (v.2-3)
3. A Song of Praise = Living to **worship** God and daily dwell in His presence (v.4)
4. A Song of Victory = Living a **hope**-filled life because of God's promises (v.5-6)

Conclusion:

"You are my hiding place; you will protect me from trouble and surround me with songs of deliverance." - Psalms 32:7

1. Which of the four main causes of why people get discouraged mentioned in point letter A of the sermon outline affects you the most, and why?
2. Read Psalms 27:1-6 and discuss the following questions:
 - a. In verse 1, we can read how David found courage by declaring God as his light, salvation, and strength. How does a person's healthy view of God help him/her find courage in facing life's difficulties?
 - b. In verses 2 and 3, we can read how David's confidence in God helped him faced his enemies. Cite some biblical accounts of David's life that showed his confidence in God while facing his enemies. In your own opinion, how did David develop His confidence in God?
 - c. What spiritual disciplines (ex. Bible reading and prayer) that you need to develop to help you grow your confidence in God?
 - d. In verse 4, we can read how David longed to worship God and dwell in His temple. Why is it important for a Christian to attend church regularly and develop a genuine lifestyle of worship? How will it affect his/her attitude and perspective while going through life's difficulties?
3. Testimony time! Encourage one another by giving a brief testimony of how God gave you the courage and the strength to go through a difficult and challenging situation in your life?

PRAY!