

## Introduction:

All successful people have one trait in common: they use their time wisely and productively.

**Text:** Psalm 90:10, 12

### A. Can we really manage time?

### B. How can we receive wisdom from the LORD to manage our self and our time?

1. **Fear** the LORD; don't be a fool or morally deficient (Prov. 1:7; 4:5-9)
2. **Trust** in the LORD not in your self (Prov. 3:5-7)
3. **Ask** God to give you wisdom, without doubting (James 1:5-8)
4. **Practice** the wisdom of God's basic self/time management principles  
(Ex. 20:8-11)
  - a. The triple principle: Work, Rest, and Worship
  - b. Don't overwork and **burn** out from fatigue
  - c. Ask God to help you **enjoy**, not just endure, your work
  - d. **Rest** both your mind and body
  - e. **Worship** God privately and publicly (Heb. 10:25)
5. Ask God to help you **avoid** time-wasters that divert your attention from nurturing an intimate fellowship with God through the reading of His word and meditation

**Read:** Ps 90:10, 12

1. How are self-management and time management inter-twined?
2. Why is it redemptive to remind our self of the finitude and brevity of our earthly life?
3. How can we remain teachable to God to gain a heart of wisdom?
4. Review the 5 ways to receive God's wisdom to number our days aright in the sermon outline.
  - a. Share your story or testimony pertaining to any of this 4-fold teaching.
  - b. What do you need to practice to better manage yourself and your time?

**Pray!**

## Conclusion:

At the end of our earthly journey, what will really matter is the godly legacy you will leave to your family and love ones (Josh. 24:14).