

# Prepare for Your Life Transitions

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**Tabletalk** (For family devotions and Life Group discussions)

## Introduction:

1. This is ***Your*** life transitions, not somebody else's life transitions
2. Your earthly life transitions began the day you were ***born*** to the day you ***die***
3. Physical, psychological, sociological partitions of your earthly life
  - a. 1st half: 1-50 years
  - b. 2nd half: 50-100 years or more
4. Your after earthy life (Eschatological) transitions
  - a. To ***heaven*** forever
  - b. To ***hell*** forever

**Text:** Ps. 90:10-12; James 4:13-16; Heb. 9:27; Rev. 20:11-15

### A. How long is your earthly life compared to eternity?

(Ps. 90:10, 12; James 4:13-16)

### B. Are you accountable to God for the way you live your earthly life?

(Heb. 9:27; Rev. 20:11-15)

### C. How, then, shall you live in the different stages and transitions of your life?

1. The different life stages and life transitions and how to handle them
2. The ***four basic questions*** to guide you in the different stages and transitions of your life:
  - a. Where did I come from? The Q of ***origin***
  - b. Who am I? The Q of ***identity***
  - c. Why am I here? The Q of ***purpose***
  - d. Where am I going? The Q of ***destiny***

1. What are the challenges of the transitions that come with these life stages?

- a. Childhood: Ages 1-12
- b. Adolescence: Ages 13-18
- c. Early Adulthood: Ages 19-30
- d. Midlife: Ages 31-60
- e. Senior Years: Ages 61 to Old Age

2. **Read:** Ps. 90:10, 12

What godly wisdom do we need to live our earthly life right?

3. **Read:** Heb. 9:27; Rev. 20:11-15

How do we know that God holds us responsible for the way we live our lives?

4. What particular personal challenge are you facing in light of this message that you need prayer for?

**PRAY!**

**INSIGHTS FOR LIVINGS:**