

Reset in Our Power

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Introduction:

Text: Ephesians 3:14-21

St. Paul's Prayer:

A. Prayer for the Spirit of God to strengthen our inner being (v.16-17)

* The Power To **Be**

1. **Focus**
2. in **Faith**
3. **Firm** in our convictions

B. Prayer for God's people to be rooted in Christ's love

* The Power to know and experience Christ's love that make us

1. **Steadfast** (v.17)
2. **Secure** and **Satisfied** (v.17b-19)

C. Prayer for God's power to accomplish what He wants to do in and through us

* The Power to **do** more than what we ask or think (v.20)

Through God's power working in us we can...

1. **Accomplish** Great Things for God

2. **Overcome** Great Challenges

Conclusion:

Table Talk

1. Based on the current challenges we are facing as a nation (ex. Covid 19, civil unrest, economic crisis, etc.), how do these challenges affect a person's mental, emotional, and spiritual health?

2. Read: Ephesians 3:14-21 and answer the following questions:
 - a. In verses 16-17, St. Paul prayed for the Spirit of God to strengthen our inner being, in your own opinion what do you think comprise or encompass our inner being?

 - b. What do you think are the main reasons why St. Paul specifically prayed for our inner being to be strengthened, and why is it important?

 - c. What does it truly mean to be rooted and established in Christ's love? And how does this empower us to be steadfast in our faith?

Testimony time: Please share a brief testimony of how God's power enabled you to do great things for Him or overcome great challenges that you have faced in your life.