

# SOUL DETOX: Finding The True North

2 Timothy 4:1-8  
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February 20, 2022

## INTRO:

1. A story of two men
2. A story of two paths

## A. HOW WE DERAIL OUR JOURNEY

1. Being exposed to precarious teachings (v. 3a)
2. Following unguarded passions (v. 3b)
3. Looking after the wrong people (v. 3c)
4. Listening to petty teachings (v. 4)

Examples: Demas and Alexander (v. 10, 14)

## B. HOW WE DIRECT OUR JOURNEY

1. Preach the word of God (v. 2a)
2. Prepare in every season (v. 2b)
3. Practice the different features of the word of God (v. 2c)
4. Persevere in every situation (v. 5)

Examples: Paul, Luke, and Mark (v. 6-8, 11)

## CONCLUSION