

# SOUL DETOX: Three Lies and a Truth

Pastor Boyet Jose  
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## INTRODUCTION:

TEXT: Luke 4:1-13 NIV

### A. Satan's Purpose Why He Wants to Tempt Us (John 10:10)

1. To Steal
2. To Kill
3. To Destroy

### B. Our Mental Posture to Overcome Temptation: Example from Jesus (Luke 4:1-13)

1. Know the Truth = Expose the Lie (vv. 3-4)
2. Speak the Truth = Dispose of the Lie (vv. 5-8)
3. Trust the Truth = Recourse the Truth to overcome the Lie (vv. 9-13)

### C. Our Practical Response to Overcome Temptation: A Surrendered Life (James 4:7-10)

1. Submit yourselves to God (v.7)
2. Resist the devil (v.7)
3. Come near to God (v.8)
4. Repent (v.8)
5. Humble yourself before God (v.10)

## Twitter Version of the Message:

A Life Surrendered to the TRUTH (JESUS) will be able to EXPOSE AND DISPOSE the LIES of the ENEMY (Satan) to overcome TEMPTATION.

## CONCLUSION:

## Table Talk

1. Have you thought about the Bible as a weapon before? Have you used it as one against temptation?

2. Read Luke 4:1–4.

**Q:** Why do you think the devil waited for Jesus to become hungry before tempting Him?

**Q:** Are you more vulnerable to temptation at certain times in your life? If so, when?

3. Read Luke 4:5–8.

**Q:** What do you see people prioritizing over their relationship with God?

**Q:** In what areas of your life do you have to be the most careful not to elevate other things above God?

4. Read Luke 4:9–13.

**Q:** What is the ultimate goal of temptation? Why is it important to know how Jesus dealt with temptation?

**Q:** What impact do you think the devil wants to have on your life?

5. Read Ephesians 6:10–17.

**Q:** As you reflect on the armor God has given to us, how might you use it in a spiritual battle you are facing right now?

**Q:** What are other reasons why it's important to discuss the Bible with other believers in a trusted community?

## Did you know?

In the Roman army of New Testament times, armor was not provided to every soldier. Instead, many soldiers were required to provide their own armor, which they acquired in multiple ways. In wealthier families, sons were able to buy their armor. In middle-class families, armor was passed down from generation to generation. Auxiliary soldiers, lower-class soldiers who usually came from impoverished outlying regions of the empire, often used their tenure in the military to acquire freedom or citizenship. Without the means to purchase armor, these soldiers often had to acquire their armor in more dubious ways, such as by looting corpses or getting hand-me-down broken and aged armor from wealthier soldiers.