

# A GENTLE WIND

Ephesians 4:29-32  
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## INTRO:

1. Reality Check #1: We are easily **offended** (Prov. 18:19)
2. Reality Check #2: We are going to be **offended** (Luke 17:1)

## A. THE PATTERN OF OFFENSE

1. It affects what we **say** (v. 29)
2. It affects what we **feel** (v. 31a)
3. It affects what we will **do** (v. 31b)

## B. THE PROMPTINGS WHEN THERE IS AN OFFENSE

1. You need to **confine** the offense in its early stage (v. 29-30)
2. You need to follow the **conviction** of the Holy Spirit (v. 30a)
3. You need to remember the **consequences** of your action (v. 30b)

## C. THE PRACTICE OF OVERCOMING OFFENSES

1. **Humanize** not **demonize** (Matt. 5:21-22)
2. **Personalize** not **publicize** (Matt. 5:23-24; 18:15-17)
3. **Contextualize** not **generalize** (Matt. 7:3-5)
4. **Capitalize** not **internalize** (Matt. 5:38-42; 43-48)

## CONCLUSION