

# Strengthened & Sustained

I Kings 19:1-8

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**Intro:** Battle Fatigue

## 1. Mortal Limitation Factors

- a. **Fatigue** (Physical, Mental, Emotional) (vs. 4)
- b. The **Unexpected** (vs. 2)
- c. **Timing** (vs. 2)

## 2. The Love of God (vss. 5- 8)

- a. A Father's **Compassion**
- b. A Father's **Incremental** Provision
- c. A Father's **Foresight**

## 3. Arise and Take In... (vs. 5 & 7)

- ... the Reality of God's Compassionate **Presence**
- ... what's Needed for Your **Healing**
- ... God's **Perspective** on Your Journey

## 4. A Call to Respond

## 5. A Prayer for Dads